

Spring 2026 Newsletter

Spring is a season of growth, and that feels especially true for the CaroMont Health Foundation right now. Thanks to the belief and generosity of our donors, stakeholders and partners, and the steadfast guidance of our Foundation Board and CaroMont Health leadership, our scholarship programs are expanding and our community impact is deepening across Gaston County and beyond. Whether you've given time, treasure or talent, you are making a difference.

We are excited to share updates about our Shovelin and Cares Scholarships and WOW's amazing impact in our community.

With heartfelt gratitude,

A handwritten signature in black ink that reads "Mary Grace Bean". The script is fluid and cursive, with the first letters of each name being capitalized and prominent.

Mary Grace Bean, CFRE
Director, CaroMont Health Foundation
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2026 Wayne F. Shovelin Scholarship Recipients

The CaroMont Health Foundation is excited to announce the 2026 Wayne F. Shovelin Scholarship recipients, **Wayne Morris, Jr.** and **Aaron Sims**. These impressive individuals are the first scholars under the newly revised Shovelin Scholarship. Consistent with previous years, the scholarship recognizes high academic achievement, demonstrated leadership and meaningful community involvement. The scholarship has been expanded to broaden opportunities for multiple students pursuing education in health-related fields. In exchange for this support, recipients commit through a promissory note with CaroMont Health to bring their expertise back to serve Gaston County and the surrounding region.



Shovelin Scholar, Wayne Morris, Jr., and Scholarships Advisory Board Vice Chair, Pam Harris.

Wayne Morris, Jr.

Wayne has been a dedicated nurse with CaroMont Health for over 22 years and currently serves as Manager of Ambulatory Clinical Documentation Integrity, where he has been instrumental in creating and implementing critical processes for regulatory documentation. Throughout his tenure at CaroMont, he has had the privilege of mentoring and leading many nurses – an experience that inspired him to pursue his Master of Science in Nursing. He aspires to become a nurse educator at CaroMont Health.



Scholarships Advisory Board Chair, Audrey Devine, and Shovelin Scholar, Aaron Sims.

Aaron Sims

Aaron currently serves as a Public Safety Supervisor and Captain at CaroMont Health. He joined CaroMont four years ago following more than six years as a Sergeant with the Mecklenburg County Sheriff's Office. He is now pursuing a Bachelor of Science in Nursing. His passion for nursing was born directly from his experiences on the front lines at CaroMont – a desire to be the person who helps patients in their most vulnerable moments, rather than responding only when situations have escalated into safety concerns.

Contact Hannah Newcombe at Hannah.Newcombe@CaroMontHealth.org or 704-834-4034 to learn more about CaroMont Health Foundation Scholarships.

Cares Campaign Update

The CaroMont Health Cares Campaign has now awarded eight scholarships to students pursuing healthcare degrees in high-need areas at CaroMont Health. [Click here to read about the inaugural Cares Scholars](#). Through partnerships with Gaston College and Cleveland Community College, we are able to identify and maintain healthcare talent in the Greater Gaston region. Together we are building a workforce pipeline and strengthening our community.

Cares Scholarships will continue to grow in both diversity of programming and number of scholarships awarded. To date, awards have been committed across three programs:

Medical Assisting

Nursing

Radiography

Cares Campaign Website: Now Live!

To learn more about the Cares Campaign, [click here](#), or contact Mary Grace Bean at MaryGrace.Bean@CaroMontHealth.org or 704-834-2781.

The Newest Cares Scholars



*Jaila Gossett, Radiologic Technology
Student at Cleveland Community
College*



*Allison Nesbit, Medical Assisting
Student at Gaston College*



*Melanie Pullen, Medical Assisting
Student at Gaston College*

Women Optimizing Wellness (WOW)



WOW Members at the third annual A Celebration of Hope and Health benefiting the CaroMont Health Mobile Mammography Bus.

WOW'S IMPACT

Click to join
or renew
today!

Build the Bus

The annual fundraiser, A Celebration of Hope and Health, on March 5th raised over \$138,000 to replace the CaroMont Health Mobile Mammography Bus. WOW and CaroMont Health are cost-sharing this approximately \$1,000,000 project. **To date, over \$245,000 has been raised.**

Safe Sleep

Since spring 2023, over **5,700 Halo SleepSack® Swaddles** and safe sleep educational materials have been gifted to new parents at CaroMont Regional Medical Center (CRMC) Main and Belmont with the goal of reducing the infant mortality rate in Gaston County.



Heart Failure Toolkit

Since June 2024, **200 heart failure patients** have received a toolkit and educational materials to help manage their condition and improve quality of life.

Service Projects

On **Veterans Day** and **International Women's Day**, care bags were provided to veterans and women at Courtland Terrace on their respective days of recognition.

Trauma Care Closet

Beginning summer 2026, trauma patients will receive **clothing, shoes and essentials** upon discharge from the Emergency Department at CRMC - Main.

Save the Dates

WOW Summer Educational Event

Thursday, June 11, CRMC - Main Auditorium

WOW Annual Meeting

Thursday, November 5, CRMC - Main Auditorium

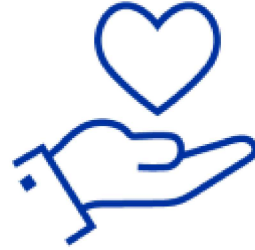
Fourth Annual Fundraiser: A Celebration of Hope and Health

Thursday, March 4, 2027, Gaston Country Club

Contact Fran Shuler at Fran.Shuler@CaroMontHealth.org or 704-834-4046 to learn more about joining WOW.

Direct Impact Promise

100% of every dollar donated goes directly to Foundation programs thanks to the generous support of CaroMont Health.



Donate Now

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CaroMont Health Foundation
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