

2021 Community Health Assessment

CaroMont Health Priorities – Implementation Strategy

2022 - 2024

Leading Causes of Death – Gaston County

Source: NC State Center for Health Statistics

Rank	2009-2013	2013-2017	2016-2020
1	Heart Disease: 2,296	Cancer: 2,335	Heart Disease: 2,330
2	Cancer: 2,253	Heart Disease: 2,257	Cancer: 2,292
3	Respiratory Disease: 836	Respiratory Disease: 872	Respiratory Disease: 884
4	Stroke: 491	Alzheimer's: 596	Alzheimer's: 674
5	Alzheimer's: 478	Stroke: 564	Stroke: 580

Top Health Issues – Gaston County

Source: Gaston County Community Health Assessment, Quality of Life Surveys, 2021.

Rank	Past Surveys			Current Survey
	2012	2015	2018	2021
1	Obesity	Obesity	Mental Health	Access to Healthcare
2	Illegal Drug Use	Illegal Drug Use	Illegal Drug Abuse	Infant and Maternal Health
3	Teen Pregnancy	Teen Pregnancy	Prescription Drug Abuse	Substance Abuse
4	Alcohol Abuse	Alcohol Abuse	Homelessness and Safe Housing	Not Applicable
5	Prescription Drug Abuse	Prescription Drug Abuse	Lack of Healthcare for the Uninsured	

CaroMont Health Priorities

2022-2024

1. Increase access to care in the following service lines – behavioral health, cardiovascular, primary care, oncology and urgent care (providers and sites)
2. Enhance strategies to reduce infant mortality
 - Three additional CaroMont Women’s sites of care (Belmont, Lake Wylie, Lincolnton)
 - Collaborate with the Department of Health & Human Services
 - Sleep sack distribution to all families with newborns (in collaboration with Women Optimizing Wellness)
3. Enhance community collaboration and leadership to reduce substance abuse; other strategies include
 - Bridge therapy access expansion
 - Hire additional social workers
 - Enhance collaboration between family practice and behavioral health providers